



December 2014

2014 Achievements

- Together with committed & generous members, sponsors & volunteers LGFB SA has reached over 27 100 patients
- During 2014:
2 new hospital venues: Cape Gate & Vincent Pallotti
4240 Patients 379 Workshops
7 Regional Coordinators
39 Leaders 280 Volunteers
- 39 public and private hospitals
- Two wonderful new Regional Coordinators: Suzette Meyer (Port Elizabeth) & Pippa Wilkes (Pretoria)
- Thank you African Extracts, eyeSlices, Beaucience, Wessons Therapeutics for becoming LGFB Members
- First men's workshop to be held in a public hospital, Groot Schuur (20 attended, enjoyed & benefitted)

Highlights

- Congratulations LGFB US who celebrate 25 years, UK 20 years and proudly South Africa 10 years of supporting women (and some men) facing cancer
- Two workshops a month at some LGFB venues in public hospitals
- Volunteers were honoured and recognised at outstanding events sponsored by Saxon (Jburg), Protea Hotel Marine(PE) Africa Pride 15 on Orange (CT), James Wilkes (Pretoria) and Protea Willow Lake (Bloemfontein) Angelique Du Toit was guest speaker at three events
- Hardus Hartzenburg and Lisa Kutne wrote and sang an anthem for LGFB
- LGFB DVD, sponsored by FNB was flighted on TV from February

Special Mention

Thank you Alta Harvey & Ulrike Möhl for 10 years of dedicated service to LGFB in Johannesburg, we honour you. Gilly Jankelowitz, Dorothy Ndlovu, Charmaine van Schalkwyk, Ulrike Möhl, Jeanine Skelton, Audrey Cowie, Helen Ohlhoff, Maria Marques & Susan Binedell congratulations on volunteering for 100 + workshops. The difference you have all made is immeasurable.



Cape Town Volunteers' Recognition Tea at Protea Hotels 15 on Orange

On behalf of LGFB & the patients, thank you. .

- Gary Rom Hairdressing offers Pretoria & Joburg patients first cut, treatment & colour after regrowth of their hair
- AVI committed R367 000 for three years to sponsor workshops at Charlotte Maxeke and Tygerburg Hospitals
- Annique Health and Beauty donated R37 000
- Protea Hotels donated R 72 000 to sponsor workshops at N1 City, CT
- Estée Lauder Companies donated R200 000 towards sponsorship of public hospitals
- NCP Alcohols again donated R5 500 towards workshop teas & R10 000 as a 10 year congratulation to LGFB
- Michelle Brown presented LGFB with R81 000 from the PE Breast Cancer Dinner
- FNB donated R55 250 for LGFB workshops
- Oh So Heavenly sponsored LGFB cosmetic bags R100 000
- CDP Gifts sponsors the design and printing of marketing materials
- Avon Justine iThemba at Summer Place raised R160 500
- Avon Justine iThemba Walkathon supports LGFB with R150 000 worth of product for workshops
- LGFB's 10th Golf Day at Randpark was a great success raising R200 000
- A first, Durban Volunteers organised an excellent Golf Day at Zimbali and reached over R100 000
- Andrew McKinnon raised R55 230 from his Golf Day at Silverlakes
- DQS chose LGFB as beneficiary of their golf day raising R29 130
- Students at the Swiss Hotel School donated R23 240 from their dinner
- Essie (L'Oreal) raised R7 640 from a Breast Cancer Awareness event
- eyeSlices (R2 300), Sorbet at Greenside (R5 000), & the Toogood Foundation (R6 000) gave donations in October
- Cape Town fundraising events, the Love Party (R12 970) and the Elsebe Nel's Diamond Masked Ball (R 7 000)
- Tragically Doug Bain, CEO of Randpark Golf Club and Friend to LGFB passed away with cancer. His family requested that donations be made to his favourite charity, LGFB, in lieu of flowers (R 11 250)

Special Events



Swiss Hotel School students' fundraiser



CT Students organised an Art Jamming fundraiser



Maps Mapanyane at Port Elizabeth Breast Cancer Dinner



Protea Hotels CSR Committee receive certificate of support



DQS hosted a fun golf day for LGFB



KZN Volunteers organised an excellent golf day at Zimbali



Stunning Avon Justine iThemba Ladies' Day held at Summer Place



Avon Justine iThemba Walkathon.

Patients' Comments

Cancer effects woman in many ways, but without a doubt I think it effects their self-esteem, and confidence mostly. I lost my hair and after spending 40 years hiding behind my hair it was a most traumatic experience to try contemplate baldness. Any initiative to build woman's self-esteem in this situation is invaluable in so many ways. The smiles on the ladies faces at this workshop when they left with their goody bag full of products was a wonderful thing to see.

I feel beautiful, confident and can now face the world and deal with my disease.

The LGFB workshop was one of the most crucial moments in my life

I felt understood and that I was not alone.



The LGFB Team, Margaret, Charmaine and Glenda would like to take this opportunity to thank you for your continued and valued support. We wish you a joyous and blessed Christmas, a peaceful and restful holiday and a happy and successful 2015

Thank you to our Board of Trustees, CTFA, Steering Committee, Volunteers, Hospital Staff & Friends

Founder Members: Amway, Avon Justine, Avroy Shlain, Clarins, Colgate Palmolive, Elizabeth Arden, Environ, Estée Lauder Companies, Indigo Brands, L'Oréal, Procter & Gamble, Revlon

Members: African Extracts, Annique, Beaucience, Black Like Me, Bio Oil, Galderma, eyeSlices, Johnson & Johnson, Ladine, Modernhair, NCP Alcohols, Chanel, Sharon Bolel, SDV Pharmaceuticals, Sh'Zen, Twincare International, Wessons Therapeutics

Associate Members: The Sorbet Experience.

Valued Sponsors: Aramex SA, Buddies for Life, CABS Car Hire, CDP Gifts, Chubb, CosmeticWeb, Netcad, Ornico Media Information, Professional Beauty, Protea Hotels, RAM Couriers, Tsogo Sun

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